

PACKING LIST

The following is a list of suggested clothing and supplies that should be brought by each camper. Remember that Maine weather can change in an instant. Days can be very hot and humid, evenings can be cool, and rain showers are a possibility. Some warm clothing, rain gear and adequate protection from the sun is a must. Camp is a good place for old clothes. **BE SURE EVERY ITEM IS CLEARLY MARKED and use the luggage tags for your travel bags.**

- 6 SHORT SLEEVE SHIRTS AND/OR TANK TOPS. (PLEASE NOTE: SPAGHETTI- STRAPPED TANK TOPS ARE NOT APPROPRIATE FOR FEMALE CAMPERS.)
- 3 LONG SLEEVE SHIRTS (FOR COLD DAYS/EVENINGS)
- 3 SWEATERS/SWEATSHIRTS
- 6 PAIRS OF SHORTS
- 2 PAIRS OF LONG PANTS (JEANS/SWEATS)
- 7 PAIRS OF SOCKS
- 7 UNDERSHORTS/UNDERPANTS
- 2 PAIRS OF CLOSED-TOE SHOES (ONE MUST BE A PAIR OF SNEAKERS), 1 PAIR OF WATERSHOES (STRAPPED SANDALS/WATERPROOF), 1 PAIR OF FLIP FLOPS FOR SHOWER, AND 1 PAIR OF SLIPPERS
- 2 PAJAMAS
- 1 WARM WEATHERPROOF JACKET WITH A HOOD
- 2 SWIM SUITS
- 2 SHOWER TOWELS, 1 BEACH TOWEL AND 1 HAND TOWEL
- PILLOW AND SLEEPING BAG, BEDDING, bed roll for under sleeping bag is an option
- 1 TOILETRY KIT TO INCLUDE: Shampoo, toothbrush, toothpaste, soap in a plastic container, lotion...no glass bottles, comb, 1 small box of facial tissue, and 1 chap-stick
- SUNSCREEN & INSECT REPELLENT
- 1 FLASHLIGHT WITH FRESH BATTERIES
- 1 LAUNDRY BAG FOR DRY CLOTHES
- 1 PLASTIC BAG FOR CLOTHES STILL DAMP ON CLOSING DAY
- ALL PRESCRIBED MEDICATIONS AND ANY NECESSARY OVER-THE-COUNTER MEDICATIONS. INSTRUCTIONS FOR PACKAGING AND SENDING MEDICATIONS TO CAMP WILL BE SENT SEPARATELY AS WELL AS DISCUSSED AT ORIENTATIONS

***Girls will only be allowed minimum make-up/jewelry and revealing tops/bottoms are not permitted.**

****We discourage any sharing of clothes at camp**

*****Please DO NOT bring cameras. Camp To Belong will distribute one-time use cameras and process the film.**

At the end of camp, counselors will make every effort to check the list to be sure all items are accounted for and packed. If an item is missing, campers need to inform the counselors immediately to locate lost articles before departing for home. Again, labeling all items brought by campers is encouraged so that items can find their way home.

WE CANNOT ASSUME RESPONSIBILITY FOR ITEMS WHICH ARE LOST, BROKEN OR STOLEN.